

## Unit 17: Monitor and Maintain Spa Area

**Unit code:** D/601/4212

**QCF level:** 3

**Credit value:** 5

### ● Aim

This is a preparation for work unit which is based on capability and knowledge. The unit is about monitoring and maintaining the spa area. The knowledge and practical skills achieved in this unit includes monitoring and maintaining spa equipment to include a range of spa equipment sauna, steam, hydrotherapy and flotation.

To carry out this unit the learner will need to maintain effective health, safety and hygiene procedures throughout their work.

### ● Unit abstract

This unit will allow the learner to gain understanding and skills in monitoring and maintaining the spa area. Learners will investigate risks and hazards associated with spa treatments and the importance of preparing and maintaining equipment used in spa therapy.

This unit covers why health and safety is essential in the spa and how to prepare, monitor and maintain the spa area. It is strongly recommended that learners also take *Unit 16: Provide Spa Treatments*.

### ● Learning outcomes

On successful completion of this unit a learner will:

- 1 Be able to prepare and monitor the spa area
- 2 Be able to maintain the spa area.

## Unit content

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### 1 Be able to prepare and monitor the spa area

*Preparation of spa area and equipment:* spa area eg sauna cabinets, steam baths/room, spa/whirlpool baths, swimming pool, plunge pool, foam aerated baths, ice room, plunge pool/shower and flotation tank; environmental conditions for spa and treatment areas; organisational/salon requirements for preparation of area and equipment; equipment eg water testing kit, distilled water, slip boards, cleaning and maintenance equipment; relevant equipment tests and their importance eg no loose wiring, temperature settings work; manufacturers' instructions

*Monitoring:* monitoring clients eg check comfort; importance of monitoring spa environment and equipment eg to ensure continued safe working and operation, to prolong life of equipment, to maintain hygiene and ambience; importance of monitoring clients' safety and wellbeing eg ensure safety of client, instil confidence

### 2 Be able to maintain the spa area

*Communication and behaviour:* professional manner; communication (speaking, listening, body language, written); behaviour eg polite, tactful, client rapport; awareness of limits of own authority/responsibility eg follow instructions

*Health and safety practices:* sterilisation and sanitation methods; safe use of tools and equipment; Health and Safety at Work Act (HASAWA); personal protective equipment (PPE); Control of Substances Hazardous to Health (COSHH); waste disposal; use of chemicals; records eg cleaning, testing for temperature and pH values; following manufacturers' and organisational requirements; risk assessment

*Maintain spa area:* use of products, tools and equipment and their importance; carrying out relevant tests (recording results, methods of evaluating results, importance)

*Effects and benefits of regular spa equipment maintenance:* prolongs equipment life; easier to clean and maintain on a regular basis; prevents invalidation of insurance; maintains safety and wellbeing of staff and clients; prevents breakage or breakdown

*Reasons why spa area should be maintained:* reasons eg hygiene, health and safety of clients, to prepare for next client/use, compliance with legislative and organisational policy

## Learning outcomes and assessment criteria

Learning outcomes On successful completion of this unit a learner will:	Assessment criteria for pass The learner can:
LO1 Be able to prepare and monitor the spa area	1.1 prepare spa area and equipment 1.2 carry out relevant tests on equipment and record results according to organisational requirements and manufacturers' instructions 1.3 describe the spa environment and equipment according to organisational requirements and manufacturers' instructions 1.4 monitor client safety and wellbeing 1.5 describe salon requirements for preparing spa equipment and treatment area 1.6 describe environmental conditions suitable for the spa treatment area 1.7 explain the importance of carrying out detailed relevant tests according to organisational requirements and manufacturers' instructions 1.8 explain the importance of monitoring the spa environment and equipment according to organisational requirements and manufacturers' instructions 1.9 explain the importance of monitoring clients' safety and wellbeing in the spa area
LO2 Be able to maintain the spa area	2.1 communicate and behave in a professional manner 2.2 follow health and safety working practices 2.3 use products, tools, equipment according to organisational requirements and manufacturers' instructions 2.4 evaluate and record the results of the spa equipment tests 2.5 explain how to communicate and behave in a professional manner 2.6 describe health and safety working practices 2.7 explain the importance of using products, tools, equipment according to organisational requirements and manufacturer's instructions

<p><b>Learning outcomes</b></p> <p><b>On successful completion of this unit a learner will:</b></p>	<p><b>Assessment criteria for pass</b></p> <p><b>The learner can:</b></p>
	<p>2.8 describe the effects and benefits of regular spa equipment maintenance</p> <p>2.9 explain the importance of completing spa equipment tests and keeping relevant records</p> <p>2.10 describe the methods of evaluating the effectiveness of the spa equipment tests</p> <p>2.11 explain why the spa area should be maintained following a spa session</p>

## Guidance

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### Links

To take this unit, learners need to take either Unit 1: *Management of Health, Safety and Security in the Salon*, or have prior industry experience.

This unit has links with the following unit:

- Unit 16: Provide Spa Treatments.

This unit has links with the following units in the Level 3 BTEC Nationals In Beauty Therapy:

- Unit 1: Monitor and Maintain Health and Safety Practice in the Salon
- Unit 3: Workplace Practices and Procedures in Beauty-related Industries.

### Essential requirements

### Delivery

This unit should be delivered in a Realistic Learning Environment (RLE), see *Annexe F*. The word 'client' can relate to friends and peers and does not mean that monitoring and maintaining the spa area has to be done for paying clients or within commercial timescales.

Learners must be taught how to monitor and maintain the spa area.

### Assessment

Criteria 1.1, 1.2, 1.4, 2.1, 2.2 and 2.3 require learners to prepare, monitor and maintain the spa area. This must be assessed through practical observation, evidenced by a signed witness testimony.

The theoretical criteria can be covered through centre-devised assignments, such as project work or research.

### Resources

Learners must have access to a Realistic Learning Environment, as outlined in *Annexe F*. This unit requires access to a spa area and equipment, including for sauna, steam, hydrotherapy and flotation.

### Employer engagement and vocational contexts

Centres are encouraged to develop links with spa professionals. Guest talks by industry professionals from the spa sector about the importance of setting up and maintaining a spa would benefit the learner.

