Unit 2: Principles of Health and Social Care Practice

Unit code: Y/601/1566

QCF level: 5

Credit value: 15

● **Aim**

The aim of this unit is to develop understanding of the values, theories and policies underpinning health and social care practice and the mechanisms that exist to promote good practice.

● **Unit abstract**

This unit develops understanding of the values and principles that underpin the practice of all those who work in health and social care. Learners will consider theories and policies that underpin health and social care practice and explore formal and informal mechanisms required to promote good practice by individuals in the workforce, including strategies that can influence the performance of others.

● **Learning outcomes**

On successful completion of this unit a learner will:

1 Understand how principles of support are implemented in health and social care practice

2 Understand the impact of policy, legislation, regulation, codes of practice and standards on organisation policy and practice

3 Understand the theories that underpin health and social care practice

4 Be able to contribute to the development and implementation of health and social care organisational policy.

Unit content

1 **Understand how principles of support are implemented in health and social care practice**

Principles of support: respecting individuality, rights, choice, privacy, independence, dignity, respect and partnership; equal opportunities; respecting diversity, different cultures and values; providing care, support and attention, eg for individuals, family, friends, carers, groups and communities

Confidentiality: importance of, limits of, policies about sharing information

Person-centred approach: supporting preferences, wishes and needs; supporting privacy and dignity; supporting others to make informed choices about the services they receive

Protection from risk of harm: assessing risk to self and others; right of individuals to take risks; informing relevant people about identified risks

2 **Understand the impact of policy, legislation, regulation, codes of practice and standards on organisation policy and practice**

Current policy: as relevant eg Every Child Matters, Rights to Action, Quality Protects, Children First; current policy guidance eg Procurement, working together to safeguard children: a guide to inter-agency working to safeguard and promote the welfare of children, Valuing People, Fulfilling the Promises

Current legislation: as relevant eg the Care Standards Act, 2000

Current regulations: as relevant eg Care Homes Regulations, 2001, The Care Homes (Wales) Regulations 2002

Current codes of practice: as relevant eg Code of Practice for Social Care Workers and Code of Practice for Employers of Social Care Workers, The Code: standards of conduct, performance and ethics for nurses and midwives

Impact of initiatives: changes to practice, development needs

3 **Understand the theories that underpin health and social care practice**

Explanations for the characteristics and circumstances of individuals: theories of human growth and development; managing loss and change; managing stress and behaviour

Social processes: leading to marginalisation, isolation and exclusion eg poverty, unemployment, poor health, disablement, lack of education and other sources of disadvantage; their impact on the demand for health and social care services

Nature of health and social care services in a diverse society: concepts eg prejudice, inter-personal, institutional and structural discrimination, empowerment and anti-discriminatory practices

Inter-professional working: significance of partnership working eg social care, education, housing, health, income maintenance and criminal justice services

4 **Be able to contribute to the development and implementation of health and social care organisational policy**

Considerations: supervision, roles and accountability; quality assurance systems; maintaining and upgrading knowledge and skills; support networks and professional registration; working with the regulators

Learning outcomes and assessment criteria

Learning outcomes On successful completion of this unit a learner will:	Assessment criteria for pass The learner can:
LO1 Understand how principles of support are implemented in health and social care practice	1.1 explain how principles of support are applied to ensure that individuals are cared for in health and social care practice 1.2 outline the procedure for protecting clients, patients, and colleagues from harm 1.3 analyse the benefit of following a person-centred approach with users of health and social care services 1.4 explain ethical dilemmas and conflict that may arise when providing care, support and protection to users of health and social care services
LO2 Understand the impact of policy, legislation, regulation, codes of practice and standards on organisation policy and practice	2.1 explain the implementation of policies, legislation, regulations and codes of practice that are relevant to own work in health and social care 2.2 explain how local policies and procedures can be developed in accordance with national and policy requirements 2.3 evaluate the impact of policy, legislation, regulation, and codes of practice on organisational policy and practice
LO3 Understand the theories that underpin health and social care practice	3.1 explain the theories that underpin health and social care practice 3.2 analyse how social processes impact on users of health and social care services 3.3 evaluate the effectiveness of inter-professional working
LO4 Be able to contribute to the development and implementation of health and social care organisational policy.	4.1 explain own role, responsibilities, accountabilities and duties in the context of working with those within and outside the health and social care workplace 4.2 evaluate own contribution to the development and implementation of health and social care organisational policy 4.3 make recommendations to develop own contributions to meeting good practice requirements.

Guidance

Links

This unit links with and underpins many of the units directly connected with practice and with managing activities, in particular:

- *Unit 1: Communicating in Health and Social Care Organisations*

- *Unit 9: Empowering Users of Health and Social Care Services*

- *Unit 10: Safeguarding in Health and Social Care*

- *Unit 16: Understanding Specific Needs in Health and Social Care*

- *Unit 17: Community Development Work*

- *Unit 21: Supporting Significant Life Events*

- *Unit 22: Developing Counselling Skills for Health and Social Care*

- *Unit 28: Work-based Experience.*

This unit also has links with the National Occupational Standards in Health and Social Care. See *Annexe B* for mapping.

This unit also has links with the National Occupational Standards in Leadership and Management for Care Services. See *Annexe C* for mapping.

Essential requirements

Tutors must be appropriately qualified and experienced in the health and social care sector to cover the principles and management aspect of this unit.

Learners must be given time to develop their workplace experience, knowledge and understanding before assessment of this unit. They will be expected to present evidence based substantially on their work in health and social care.

Case study material is essential, and can be provided by the tutor or based on learners' work situations.

Employer engagement and vocational contexts

A letter to employers which briefly outlines the learning outcomes of this unit may be helpful to support the learner's workplace learning needs.