

Unit 9: Advanced Epilation Techniques

Unit code: F/601/5658

QCF level: 4

Credit value: 7

● Aim

This is a preparation for work unit, which is based on capability and knowledge. The unit is about providing advanced epilation treatment. The knowledge and skills gained in this unit include preparing for and providing advanced epilation to treat skin imperfections to include the following milia, skin tags, telangiectasia, spider naevi and blood spots.

To carry out this unit the learner will need to maintain effective health, safety and hygiene procedures throughout their work.

● Unit abstract

Advanced epilation is the development of epilation skills beyond Level 3 to an advanced level. This unit provides learners with the knowledge, understanding and skills required to perform advanced epilation techniques to treat milia, skin tags, telangiectasia, spider naevi and blood spots.

Learners will develop their ability to communicate and behave in a professional manner. Learners will study how to prepare for advanced epilation treatments, including performing client consultations to identify treatment objectives and create a suitable treatment plan. Learners will also carry out preparatory activities, for example selecting products, tools and equipment, and create the right environmental conditions for treatments.

Learners will perform advanced epilation treatments, following health and safety practices, adapting techniques to suit the client's needs, completing treatments to the client's satisfaction and providing suitable aftercare advice.

This unit also introduces learners to the underpinning theory associated with advanced epilation treatments, including legislation relating to piercing the skin, consequences of inaccurate probing of needles, principles, uses and benefits of short wave diathermy, as well as relevant anatomy and physiology.

To take this unit, learners must have achieved the Level 3 unit, *Provide Electrical Epilation Treatments*.

● Learning outcomes

On successful completion of this unit a learner will:

- 1 Be able to prepare for advanced epilation
- 2 Be able to provide advanced epilation.

Unit content

1 Be able to prepare for advanced epilation

Preparation: of therapist (personal hygiene/presentation, Personal Protective Equipment (PPE)); of client (protective attire, secure hair, skin preparation); of work area (sanitisation and sterilisation, environmental conditions eg heating, lighting, ventilation, atmosphere); salon requirements

Client consultation: client consultation techniques (questioning, visual, manual, reference to client records); skin analysis; relevant tests eg patch test; influencing factors eg medical history, skin classification, skin condition, sensitivity and emotional state, areas to be treated, client suitability for treatment; contraindications (abnormal blood pressure, heart condition, skin disease/disorders, varicose veins, late stages of pregnancy, swelling, broken skin, sunburn, fever, nervous conditions, history of thrombosis, embolism, epilepsy, diabetes, recent breaks or fractures, bruising); clear recommendation; client confidentiality

Products, tools and equipment: products eg antiseptic, cooling lotion; tools and equipment eg machine, needles, needle holder

Advanced epilation techniques: needle depth and pressure; current intensity; duration of current flow; needle selection; treatment area and spacing

Legislation: current and relevant legislation eg Health and Safety at Work Act 1974, Local Government (Miscellaneous Provisions) Act 1982, Local Government Act 2003

2 Be able to provide advanced epilation

Communication and behaviour: professional manner; communication (speaking, listening, body language, written); behaviour eg polite, tactful, client rapport; awareness of limits of responsibility/authority eg referral to medical practitioner when necessary

Health and safety working practices: sterilisation and sanitisation methods; safe use of tools and equipment; Health and Safety at Work Act (HASAWA); Personal Protective Equipment (PPE); Control of Substances Hazardous to Health (COSHH); waste disposal

Advanced epilation treatments: positioning of therapist and client; use of products, tools and equipment to suit client's treatment needs; adapting techniques to client; working on different treatment areas; treating skin imperfections (telangiectasia, milia, spider naevi, blood spots, skin tags); completing treatment to client's satisfaction; contra-actions and response record and evaluating results; methods of evaluating treatments eg client feedback, skin response

Advanced epilation theory: consequences of inaccurate probing of needle; principles, uses and benefits of short wave diathermy

Aftercare advice: homecare (ways of avoiding contra-actions, suitable methods of dealing with reappearance of skin condition between treatments); retail opportunities (products, future services)

Anatomy and physiology: structure and function of skin; principles of skin healing; structure and function of endocrine system; effect of endocrine system on skin conditions; structure and function of circulatory system; structure and function of lymphatic system

Learning outcomes and assessment criteria

Learning outcomes On successful completion of this unit a learner will:	Assessment criteria for pass The learner can:
LO1 Be able to prepare for advanced epilation	1.1 prepare themselves, client and work area for advanced epilation treatment 1.2 use suitable consultation techniques to identify treatment objectives 1.3 carry out skin analysis and any relevant tests to identify any influencing factors 1.4 provide clear recommendations to the client based on outcomes of skin analysis 1.5 select products, tools and equipment to suit client treatment needs, skin types and conditions 1.6 explain salon requirements for preparing themselves, the client and work area 1.7 explain the environmental conditions suitable for advanced epilation techniques 1.8 explain the different consultation techniques used to identify treatment objectives 1.9 explain the importance of carrying out a detailed skin analysis and relevant tests 1.10 explain how to select advanced epilation techniques to suit client skin types and conditions 1.11 evaluate the different techniques used for advanced epilation treatments 1.12 explain the contraindications that prevent or restrict advanced epilation treatment 1.13 explain the required legislation for skin piercing

<p>Learning outcomes</p> <p>On successful completion of this unit a learner will:</p>	<p>Assessment criteria for pass</p> <p>The learner can:</p>
<p>LO2 Be able to provide advanced epilation</p>	<p>2.1 communicate and behave in a professional manner</p> <p>2.2 follow health and safety working practices</p> <p>2.3 position themselves and client correctly throughout the treatment</p> <p>2.4 use products, tools, equipment to suit client’s treatment needs</p> <p>2.5 adapt the advanced epilation techniques to suit client needs and skin conditions</p> <p>2.6 complete the treatment to the satisfaction of the client</p> <p>2.7 record and evaluate the results of the treatment</p> <p>2.8 provide suitable aftercare advice</p> <p>2.9 explain how to communicate and behave in a professional manner</p> <p>2.10 explain health and safety working practices</p> <p>2.11 explain the importance of positioning themselves and the client correctly throughout treatment</p> <p>2.12 explain the importance of using products, tools, equipment and techniques to suit client’s treatment needs, skin types and conditions</p> <p>2.13 explain how to work on different treatment areas</p> <p>2.14 explain the consequences of inaccurate probing</p> <p>2.15 explain the principles, uses and benefits of short wave diathermy</p> <p>2.16 describe how treatments can be adapted to suit client treatment needs and skin conditions</p> <p>2.17 explain the contra-actions that may occur during and following treatments</p> <p>2.18 explain the methods of evaluating the effectiveness of the treatment</p> <p>2.19 summarise the aftercare advice that should be provided to prevent post-treatment damage</p> <p>2.20 explain the suitable methods of dealing with reappearance of skin condition between treatments</p> <p>2.21 explain different skin types, conditions, diseases and disorders</p>

Learning outcomes On successful completion of this unit a learner will:	Assessment criteria for pass The learner can:
	2.22 explain the structure and functions of the skin 2.23 explain the principles of skin healing 2.24 explain the structure and function of the endocrine system and its effect on skin conditions 2.25 explain the structure and function of circulatory and lymphatic systems

Guidance

Links

Learners should undertake *Unit 1: Management of Health, Safety and Security in the Salon* prior to undertaking this unit. Learners must have achieved the Level 3 unit, *Provide Electrical Treatments* prior to undertaking this unit.

This unit also links to the following unit:

- Unit 10: Laser and Light Treatments for Skin Rejuvenation.

This unit has links to the following NOS in Beauty Therapy:

- B33: Treat skin imperfections using advanced electrical techniques.

Essential requirements

Delivery

This unit should be delivered in a Realistic Learning Environment, please see *Annexe F* for further details. The word 'client' can relate to friends and peers, and does not mean treatments need to be carried out on paying clients or within commercial timescales.

Learners must be taught how to safely perform advanced epilation treatments on the following skin conditions: milia, skin tags, telangiectasia, spider naevi and blood spots.

Assessment

Criteria 1.1, 1.2, 1.3, 1.4, 1.5, 2.1, 2.2, 2.3, 2.4, 2.5, 2.6, 2.7 and 2.8 require learners to prepare for and perform advanced epilation techniques. They must be assessed through practical observation, evidenced by a signed witness testimony. Supplementary evidence could be provided in the form of client consultation record cards, photographs of learners performing treatments, before and aftershoots of clients' skin conditions. Learners must demonstrate techniques to treat the following conditions: milia, skin tags, telangiectasia, spider naevi and blood spots.

Resources

Learners must have access to a Realistic Learning Environment, as outlined in *Annexe F*. Learners must also have access to products, tools and equipment suitable for performing advanced epilation techniques. It is strongly recommended that learners have access to different clients, with varying treatment objectives, to give them experience of identifying and meeting individual treatment objectives.

Employer engagement and vocational contexts

Delivery of this unit would be enhanced by employer engagement with local salons and clinics, with local practitioners acting as guest speakers. Learners could develop their advanced epilation skills with clients in the workplace, as part of a work experience placement.